

We love REAL LIFE

The sexfactor

None of us would exist without it, but what do we really know about sex?

Anna Richardson, of *Supersize vs Superskinny* fame, is on hand to fill in the gaps in our education.

In this six-part series, she finds out what Britons get up to between the bed sheets.

'In each programme, we discuss themes which include fertility, contraception, how to improve your sex life, pregnancy and childbirth, and libido,' she explains.

'We've made plenty of short films, interviewed people and had studio discussions.'

As well as looking at

Anna Richardson uncovers Britain's bedroom secrets, and teaches us some important lessons in love while she's at it...

THE SEX EDUCATION SHOW **New series**
Tue 8pm C4

ordinary people around the country, Anna went on her own journey for each show. She had a full STI (sexually transmitted infection) screening and fertility test, and trained to be a burlesque dancer.

'It ranged from the sublime to the ridiculous to the tragic,' she recalls.

Despite the grown-up subject matter, Anna insists that the series has been

made for viewers of all ages.

'In terms of the show being pre-watershed, we're very practical and frank. But we're not in any way being offensive, provocative or titillating – absolutely not,' she claims.

Worrying research adds weight to Anna's opinion that more sex education is needed.

'We don't talk about sex as a nation. In Britain, we have Europe's highest

rate of teen pregnancy, as well as one of the highest rates of STIs.

'Why is it that we don't really know enough about

this subject, yet we are all doing it?' Anna asks.

Tune in to *The Sex Education Show* to find out some correct answers!



FORBIDDEN FRUIT
Anna Richardson discovers sexual ignorance isn't bliss